



Join us for a shared exploration of

MA-AI

in AIKIDO with



RAHEL SONDEREGGER

2nd dan, Aikido Unlimited

22-23.11.2025



MARCIN HERNIK

4th dan, Aikido Vevey

When:

➤ Saturday 22.11. / 11:00-13:30

Exploration of space

➤ Saturday 22.11. / 14:30-17:00

Exploration of timing

➤ Sunday 23.11. / 10:30-13:00

MA-AI with weapons*

Price:

➤ 25 CHF per session

➤ 60 CHF for the full weekend

➤ 12 CHF/EUR Sleep @ the Dojo

Place:

Uster West 12, 8610 Uster

Contact and inscription:

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